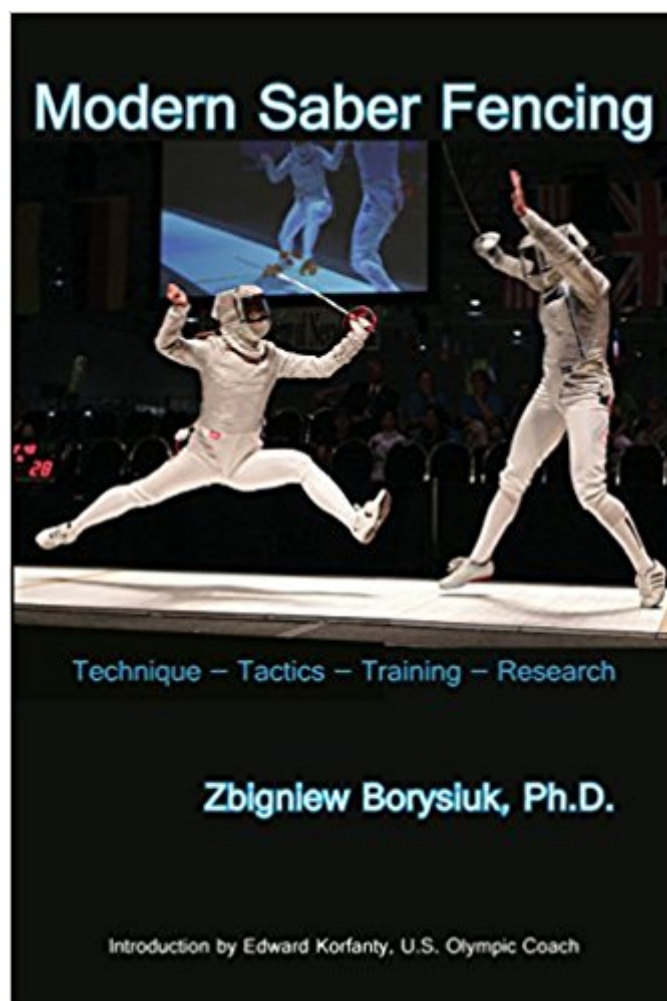


The book was found

Modern Saber Fencing: Technique, Tactics, Training, And Research



Synopsis

This book teaches the NEW saber! Together with the DVD (sold separately on) it provides a complete and contemporary saber method. Before this book appeared, it had been than 75 years since the last English-language book devoted to saber. Those were the days of men-only, visually judged saber, and the US didn't stand a chance. Since then, saber has been revolutionized. Both men and women fence, saber is scored electronically with close calls reviewed on video replay, and the US has emerged as a power. Modern Saber Fencing is the first book to explain and teach the new saber from the ground up. It illustrates the new techniques with over 75 photo illustrations, and the DVD shows the actions and methods in detail. PLUS the book presents the scientific research that underlies the latest training methods.

Book Information

Paperback: 236 pages

Publisher: SKA SwordPlay Books; First edition (January 1, 2009)

Language: English

ISBN-10: 0978902238

ISBN-13: 978-0978902230

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 14.7 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 5 customer reviews

Best Sellers Rank: #849,403 in Books (See Top 100 in Books) #72 in Books > Sports & Outdoors > Individual Sports > Fencing

Customer Reviews

This book will be extremely useful in fencing training and should attract the interest of the fencing community throughout the English-speaking world -- and beyond. â | [It is] â | a valuable training manual and an updated report on â | the newest diagnostic techniques. â | original and innovative research ideas â | One of the strongest features â | is the plethora of photographs illustrating the most important technical actions used in modern saber fencing. --Edward Korfanty, U.S. Olympic Coach

Zbigniew Borysiuk is a successful fencer, top-level coach, and outstanding sports scientist.

Just an overview and not detailed enough for me. The B & W photographs are way too small and

hard to see. didn't include the DVD that is mentioned in the book description.

excellent book for Saber coach's and fencers

Well written, and he covers the material well.

It's a concise book for saber fencing. It's an interesting book. It provides a perspective of how it evolved to current form.

Good book for an overview of sabre fencing. Provides updated information on training. I would recommend it.

[Download to continue reading...](#)

Modern Saber Fencing: Technique, Tactics, Training, and Research
Puppy Training: How To Train a Puppy: A Step-by-Step Guide to Positive Puppy Training (Dog training, Puppy training, Puppy house training, Puppy training ... your dog, Puppy training books Book 3)
Tactics Time! 1001 Chess Tactics from the Games of Everyday Chess Players (Tactics Time Chess Tactics Books)
Tactics Time 2: 1001 Real Chess Tactics From Real Chess Games (Tactics Time Chess Tactics Books)
Crate Training: Crate Training Puppies - Learn How to Crate Train Your Puppy Fast and Simple Way (Crate Training for Your Puppy): Crate Training (Dog Training, ... Training, Dog Care and Health, Dog Breeds,) Treatise on the Subject of Fencing: Marco Doccioini's 1601 Fencing Treatise
Saber Fencing for Kids: That Every Parent Must Read ¡QuÃ© rico! Todo lo que hay que saber sobre la comida (Las Tres Edades / Nos Gusta Saber) (Spanish Edition)
Fencing: Skills, Tactics, Training (Crowood Sports Guides)
Puppy Training: A Step-by-Step Guide to Crate Training, Potty Training, Obedience Training, and Behavior Training
Cat Training: The Definitive Step By Step Guide to Training Your Cat Positively, With Minimal Effort (Cat training, Potty training, Kitten training, Toilet ... Scratching, Care, Litter Box, Aggression)
Puppy Training: The Ultimate Guide to Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks)
Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks)
The Inner Game of Fencing: Excellence in Form, Technique, Strategy and Spirit.
Brain Games for Dogs: Training, Tricks and Activities for your Dog's Physical and Mental wellness(Dog training, Puppy training, Pet training books, Puppy ... games for dogs, How to train a dog Book 1)
Bodyweight

Training: Bodyweight Cross Training WOD Bible: 220 Travel Friendly Home Workouts (Bodyweight Training, Bodyweight Exercises, Strength Training, ... Bodybuilding, Home Workout, Gymnastics) Rowing WOD Bible: 80+ Cross Training C2 Rower Workouts for Weight Loss, Agility & Fitness (Rowing Training, Bodyweight Exercises, Strength Training, Kettlebell, ... Training, Wods, HIIT, Cardio, Cycling) Dog + Puppy Training Box Set: Dog Training: The Complete Dog Training Guide For A Happy, Obedient, Well Trained Dog & Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days Puppy Training: How to Housebreak Your Puppy In Just 7 Days (puppy training, dog training, puppy house breaking, puppy housetraining, house training a puppy,) Dog Crate Training: 8 Tips to Help Your Best Friend Adjust (Dog Training, dog crate training problems, dog separation anxiety, dog potty training Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)